



LWML CNH RETREAT

August 27-29, 2021

**Registration – Friday 4 pm; Checkout – Sunday 11:30 am
Episcopal Conference Center Oakhurst (ECCO)
43803 Highway 41, Oakhurst, CA 93644**

SERVANT EVENTS

Phil's Friends

Phil's Friends is a Christian non-profit organization founded by two-time cancer survivor Phil Zielke. They are committed to carry out their mission in a Christ-centered, caring culture dedicated to supporting individuals and families impacted by cancer. They reach out with integrity and serve with compassion, respect, and kindness, offering hope and peace to all through care packages, ongoing support through Cards of Hope program, and spiritual support by way of prayer. Remind someone you know diagnosed with cancer that they are not alone.

Retreat volunteers will help with the Cards of Hope program by hand coloring note cards and postcards with testimonies, devotional letters, and other creative and positive notes, which will be mailed to our friends with cancer. The purpose is to bring consistent hope and support.

There will be a box for monetary donations – checks payable to *Phil's Friends*.

Days for Girls

Days for Girls is a global movement that prepares and distributes sustainable menstrual health solutions to girls who would otherwise miss school during their monthly periods. This non-profit organization was founded in 2008 by American woman Celeste Mergens after visiting an orphanage in Nairobi Kenya, discovering that menstruating girls stayed in their dormitories for days, sitting on cardboard to absorb their flow. She developed washable/reusable pads as well as a personal kit to continue their schooling with hygiene and dignity.

Retreat volunteers will make these drawstring bags and fill them with reusable, colorful, cloth menstrual pads, shield, liners, panties, washcloths, soap, and zip bags. Health educational materials to break stigmas and cultural taboos associated with menstruation will also be added to the bags.

There will be a box for monetary donations – checks payable to *Days for Girls*.