

...but I have shoes!

Some of you are aware of the personal issues I am dealing with. Some may not be so informed, but we all have issues, so you know what I mean. Some days feel like God has left the building! Some days are good on the home front and I can forget the other things for a while.

Just when things look brighter, someone calls with a new situation or illness that needs prayer and care. I sometimes feel like my head will explode from all the pain and sadness in this world. I often follow things outside of my family and congregation needs, such as the plight of my World Vision children in Africa. I am not a worrier, but I do tend to take everyone's problems upon my shoulders.

The other day I was thinking about all that is happening in my close relationships. I was not smiling, my heart hurt. Some things I can help with and some things can only be repaired by God. There are also some things that must just need to be lived with.

The good news is that God knows that we have trials and He will make something good out of those trials such as steadfastness. In James 1:2-3 we read, ***"Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness."***

In addition, through the trials, God is again reminding me to be content in all situations just as He taught Paul. In Philippians 4:11 Paul says, ***"...for I have learned in whatever situation I am to be content."*** Of course, my contentment stems from the joy I have in Jesus, my Savior. But I am human and sometimes need a little something closer to today!

Thus, I have a new thought to add to God's love in my struggles. When feeling down or overwhelmed, I say, ***"But I have shoes."*** I do not feel that I am better than those who do not have shoes and I certainly don't feel that I deserve more than they have, but I feel comforted that I do have shoes because of God's blessings to me. So when you feel down or over-stressed, maybe you need to remember that you, too, have SHOES!



Appreciate your "shoes" and have a wonderful October.

I love you all! Cathey

