



## LWML CNH CHRISTIAN LIFE LINE DECEMBER 2023

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Hi! I hope everyone had a blessed Thanksgiving and got their fill of turkey! Please take a few minutes to read this Life Line before going down the rabbit-hole that getting ready for Christmas can become! My prayer is that you will receive a blessing and perhaps, some inspiration. As always, please share the Life Line with all your "purple people".

### Preparing for the Christ Child

With Thanksgiving in the rear-view mirror, we turn our hearts and minds to Advent and Christmas preparations and celebrations. Advent can be such a busy time that we almost forget its purpose. No, it's not so we can get our shopping done before Christmas Day! We can be so busy with decorating, shopping, wrapping, partying, and baking that we don't even take time for Jesus! It is His birthday that we are celebrating.

In Psalm 46:10 God tells us to **"Be still and know that I am God."** Scheduling just 5 minutes each day to stop and focus on the Advent journey can make a huge difference in your attitude. If you have more time than that, there are many other ways to re-focus.

Resources abound to make your advent more Christ-centered and to slow you down just a bit. You may be blessed with a church that supplies **Advent devotionals** to its members. If that is not the case,

the internet comes to the rescue! At [artesianministries.org](http://artesianministries.org), Donna Snow (one of my favorite Bible Study writers) offers a printable **Advent reading plan** from the Prophecy to the Gift. At [visualfaithmin.org](http://visualfaithmin.org) you will find an abundance of projects to download including **prayer calendars, Jesse tree devotions and coloring ornaments, bookmarks and Christmas cards to color**, and many other advent activities. (All for no charge!)

Has your spirit been alerted by any of these ideas? Did you get an idea of your own? Great! Make this Advent season a time to reflect on Jesus and the gift of eternal life He gave to you. This year, do something to take your focus away from the busy-busy and allow yourself to spend a little extra time with God.

For to us a child is born,  
to us a son is given,  
and the government will be on his shoulders.  
And he will be called  
Wonderful Counselor, Mighty God,  
Everlasting Father, Prince of Peace.  
Isaiah 9:6

I pray many blessings on your Advent and Christmas activities. May your season be filled with wonder and mystery as you think on the Babe of Bethlehem.

I love you all,  
Cathey